



Mayar Ahmed Orabi

📍 Home : !

✉ Email: mayarorabi@gmail.com 📞 Phone:

Date of birth: 24 Jun 1993 Nationality: Egyptian

WORK EXPERIENCE

Egyptian Chinese University

City: Cairo | Country: Egypt

[Sep 2024 – Current] **Assistant lecturer of Pharmacognosy**

- Course Coordination
- Teach as a member of a teaching team (Assistant lecturer in Pharmacognosy Department).
- Supervise the work of students, provide advice on study skills and help them with learning problems.
- Set and mark assignments and set examination questions.
- Supervise student projects under guidance and supervision.

Heliopolis University

City: Cairo | Country: Egypt

[30 Sep 2017 – Sep 2024] **University teaching assistant**

- Teach as a member of a teaching team within an established program of study (Pharmacognosy Department).
- Supervise the work of students, provide advice on study skills and help them with learning problems.
- Set and mark assignments and set examination questions as well as assessing the work and progress of students by reference to defined criteria and provide constructive feedback to students.
- Seek ways of improving performance by reflecting on teaching design and delivery and obtaining and analyzing feedback.
- Supervise student projects under guidance and supervision.

Al Ezaby Pharmacy

City: Nasr city | Country: Egypt

[Jun 2017 – Sep 2017] **Pharmacist**

EDUCATION AND TRAINING

[Mar 2025 – Current] **PhD in Pharmacognosy and Phytochemistry**

Faculty of Pharmacy, Cairo University

City: Cairo | Country: Egypt |

[Jun 2018 – Jul 2024] **Masters Degree in Pharmacognosy**

Ain Shams University

Country: Egypt |

[May 2020 – Nov 2020] **Precision Nutrition Level 1 Certified Sports Nutrition Coach**

Precision Nutrition <https://www.precisionnutrition.com/>

Country: Canada |

[Oct 2017 – Nov 2020] **Education for Sustainable Development (ESD) Diploma**

Heliopolis University

Country: Egypt | | **Final grade:** 18 Credit Hours.

- Drama Based Intervention – 2 hours
- Education Psychology – 2 hours
- Human Variations – 1 hour
- Perception Actuality through Fine Arts - 1 hour
- Gotheanism – 2 hours
- ICT & Moodle facilities – 1 hour
- History & Education – 1 hour
- Educational Assessment & Authentic Evaluation – 2 hours
- Educational Psychology & Adolescence Characteristics – 2 hours
- Acting – 1 hour
- Fine Arts – 1 hour
- Innovative & Interdisciplinary Pedagogical Methods for ESD – 2 hours

[Sep 2012 – Jun 2017]

Bachelor of Pharmacy

Ain Shams University

Country: Egypt |

COURSES

[Aug 2024]

Women and Leadership

European Business Institute of Luxembourg

[Aug 2024]

Nutrition and Health

Edraak

CellPress Journals awareness workshop

Heliopolis University for Sustainable Development

Scientific writing & International Publishing

Heliopolis University for Sustainable Development

LANGUAGE SKILLS

Mother tongue(s): Arabic

Other language(s):

English

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

CONFERENCES AND SEMINARS

[16 Apr 2024]

Bridging molecular docking to molecular dynamics for drug receptor interaction

Heliopolis University for Sustainable Development

I've contributed with a poster presentation under the title of "Cytotoxic activity of different organs of *Kigelia africana* (syn. *K. pinnata*) and their in silico and in vitro Topoisomerase I inhibitory activity." This conference has been organized by [American Chemical Society](#)

[Nov 2019 – Dec 2019]

18th NAPRECA Symposium in "Spectroscopic Techniques for Natural Products Analysis"

Heliopolis University

[Nov 2018 – Dec 2018]

the 24th Egyptian Chemical Conference entitled "Innovation in Chemistry" British University in Egypt (BUE)

PUBLICATIONS

[2023]

[Comparative study of the antioxidant and cytotoxicity activities of organs of *Kigelia africana* and their topoisomerase I inhibitory activities](#)

LICENSE

[Sep 2024 – Sep 2026]

ATFEL Cairo University

English Examination Test

[Nov 2020 – Current]

Certified PnL1 nutrition Coach

Certified nutrition coach level 1 from precision nutrition which is a well-known organization for sports nutrition worldwide.