

Eman Essam

Contact Info.

- E-mail:
emanessam617@gmail.com

Profile

A pharmacy graduate with experience in community pharmacy empowered by teamwork and leadership skills as well as professional patient-oriented communication skills, efficient task management and professional presentation skills.

Key Skills

- Excellent presentation skills
- Excellent communication skills
- Excellent sales and marketing skills
- Team work
- Creativity
- Work under pressure
- Public speaker
- Flexibility
- Stress management
- Problem solving abilities

Languages

- Fluent Arabic
- Fluent English
- Knows French

Activities

- Student Union member for 1 year.
- PD member in EPSF for 2 consecutive years.
- Organized and marketed for many events in BUE.
- Head of marketing at omg club in BUE.
- Organized the BUE annual cosmetics booth in 2022.
- Attended Egy beauty expo 2021. - Social media marketing of cosmetics products.
- Worked as a social media moderator at lit&glow beauty cosmetics.

Experience

July 2021 – August 2021

Trainee pharmacist, Usama Nassry pharmacy.

Acquired 208 hours of training expanding my knowledge on brand and generic drugs in the Egyptian market, studying and applying my pharmacological skills.

July 2022 – August 2022

Trainee pharmacist, El-Hadary Pharmacy.

Further improved communication skills and became more familiar with how to approach clients in urban areas. Started to improve OTC prescribing skills which are heavily needed in such areas.

August 2023 – August 2024

Hospital pharmacist, El-Batreek's hospital pharmacy "Dina pharmacy 2nd branch"

Worked as a full-time hospital pharmacist at El-Batreek's hospital pharmacy gaining experience in hospital-only available medications as well as getting familiar with medical appliances only needed in hospitals. Professional and patient oriented health care was the most valuable skill I gained.

September 2023 – February 2024 **Retail**

pharmacist, Dina pharmacy.

Working as a full-time retail pharmacist improved my communication skills especially with elderly. Became more familiar with chronic medications and improved my OTC skills. Used my marketing skills to improve cosmetic sale in the pharmacy as well as promoting favored products.

February 2024 – Now

Branch Manager, Hussien Musallam chain pharmacies.

Using my leadership skills, presentation skills and communication skills, now filling the position of a branch manager in Hussien Musallam pharmacies. Responsible for ensuring excellent patient-oriented approach and customer service as well as applying schemes to improve the pharmacy's profit while attracting more customers.

Courses

- **English scholarship** from the Egyptian ministry of communication and information technology in 2016. - Attended many conversation clubs in Kaplan academy with native American speakers.
- **English course** in the British university in 2017.
- **Psychology course** with prof/Amany Safwat in 2019.
- **Marketing, management and economics course** with prof/ Ali Elmeniawy in 2020.
- **Biological screening course** with prof/ Maha Ramdan in 2021.
- **Applied analysis course** with prof/ Heba Wagdi, Prof/Sheeren Hassib and prof/ Ekram Hani in 2021.
- **Cosmetics course** with prof/ Dalia Rahman and prof/ Noha Alaa in 2022. - **Start-up and entrepreneurship workshop** in 2022.

Education

September 2017 – June 2022

Bachelor of Pharmacy, The British University in Egypt.

Graduated from Faculty of pharmacy at the BUE with a Very good with honors.

September 2021 – June 2022

Participated with a group of my colleges under the supervision of prof/ Yasmeen Attia in our graduation project under the title of “Adrenergic blockade in stress promoted breast cancer Impact on doxorubicin cardiotoxicity and chemoresistance” with A+ grade.

Publications

Attia, Y., Hakeem, A., Samir, R., Mohammed, A., Elsayed, A., Khallaf, A., Essam, E., Amin, H., Abdullah, S., Hikmat, S., Hossam, T., Mohamed, Z., Aboelmagd, Z., Hammam, O. (2024). Harnessing carvedilol for adrenergic blockade in stresspromoted TNBC in vitro and solid tumor in vivo: Disrupting HIF-1 α and GSK-3 β / β -catenin driven resistance to doxorubicin. *Frontiers in Pharmacology*, 15, 1362675. doi: 10.3389/fphar.2024.1362675 (*ahead of pub*)

Attia, Y., Hakeem, A., Elsayed, A., Osama, A., Essam, E., Amin, H., Abdullah, S., Luay, S., Hossam, T., Ahmed, Z., Khaled, Z., Ahmed, A., Samir, R., Hammam, O. (2023). Adrenergic Blockade in Stress-Promoted Breast Cancer: Impact on Doxorubicin Chemoresistance. *Br J Pharmacol*. 180(S1):1156–1300. <https://doi.org/10.1111/bph.16113>