

El Zahraa Esmat Sultan Gwaied

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Current Position

- **Lecturer of Clinical Pharmacy** at Al Salehyea University SGU from Feb 2023.
- **Lecturer of Clinical Pharmacy** at Ahram Canadian University ACU from Feb 2023.

Professional Experience

- **Founder/Head of drug information center** in faculty of pharmacy in Al Salehyea University SGU.
- **Head of Clinical Pharmacy Department** at Beni-Suef University Hospital- from June 2021 to Jan 2023.
- **Clinical Pharmacist (Cardiology Department)** at Beni-Suef University Hospital- from July 2013 to Jan 2023.
- **Clinical Pharmacist (Surgical ICU Department)** at Beni-Suef University Hospital- from January 2022 to Jan 2023.
- Vice-president of **Continuing Medical Education Committee (CME)** at Beni-Suef University Hospital- from November 2022 to Jan 2023.
- Co-editor of the Beni-Suef University Hospital Magazine from December 2022.
- Head of scientific committee of **Pharma-Suef** (1st First Pharmacists Conference in Beni-Suef University), on 25, September 2022 to Jan 2023.
- Member of **Antibiotics and Drugs committee** at Beni-Suef University Hospital- from March 2022 to Jan 2023.
- Head of **Drug Preparation and Mixing Unit** (Beni-Suef University Hospital) from May 2018 to 2020.
- Active member of Clinical **Research Center Board** (CRC) for protocol approval & application process from March 2018 to February 2023.
- Active member in **Drug Information Center** (Beni-Suef University Hospital) from January 2017- March 2018.

Teaching Experience

- **Cardiology trainer and Pharm-D instructive** (for students of Faculty of Pharmacy, Beni-Suef University, NUB University) since 2014.

Teaching scope:

- How to practice clinical pharmacy in CCU and cardiology clinics according to recent guidelines?
- How to manage ambulatory and critically ill patients?
- How to establish drug information center?

Attended conferences and work shops

- **Attendance of Cardio-Egypt** annual conference from 2015-2022.
- **Attendance of Cardio-Alex** annual conference from 2015-2022.
- **Attendance of Cardio-Suef** conference 2022
- **Attendance of DAF Heart** (Dar Al Fouad Hospital) annual conference from 2014-2019.
- **Attendance of Pharma Excellence Course GPP** from 2016-2017.
- **Speaker at Pharma-Suef:** Effect of sacubitril/valsartan in HFrEF and HFpE. Beni-Suef University, Beni-Suef -Egypt; 25 September 2022
- **Speaker at Ischemia club conference:** DOAC in Left ventricular Thrombus: Case presentation and review. Grand Nile Tower, Cairo -Egypt; 7 June 2021.
- **Speaker at CVD annual conference of Sohag University:** Intracoronary thrombolytic therapies vs suction device in MI: Case presentation and review Mövenpick Resort, Hurghada-Egypt; 7 August on 2017.
- **Regular speaker in the Scientific Conference of Cardiology Department.** Beni-Suef University Hospital, Beni-Suef –Egypt, from 2015 to present.
 - Duration of DAPT: Precautions for safety.
 - Oral Contraceptives & Cancer Risk: Guide to use
 - Drugs in myocarditis
 - Safety use of dapagliflozin: tips and tricks
 - Defining the Role of Vericiguat
 - Early Terminated Trials!!
 - Clinical management of hyperkalemia in cardiac patients.
 - SGLT2 Inhibitors Shine as Therapy for Patients With Heart Failure
 - Sedation in ICU
 - B-Blockers in ADHF
 - Beyond Warfarin Resistance!!
 - Chemotherapy induced cardiotoxicity.
 - Patients with large thrombus burden
- **Regular speaker in the Annual Clinical Pharmacy application conference.** Updates in Clinical pharmacy Applications in Hospital practice. Faculty of pharmacy, Beni-Suef -Egypt from 2015 to 2020.

Education

- **PhD degree** (cardiology specialty) in clinical pharmacy department, Faculty of Pharmacy -Beni-Suef University on Aug 2022.
Thesis titled by: Effect of Amlodipine / Nebivolol therapy compared to Amlodipine / valsartan on peripheral blood pressure, blood pressure variability and pulse wave velocity.
- **Master degree** in pharmaceutical science (clinical pharmacy) from Beni-Suef University on Feb 2018.
Thesis titled by: Utilizing Streptokinase as a Pharmacologic Invasive Reperfusion Therapy Comparing to Primary Percutaneous Intervention in ST-Segment Elevation Myocardial Infarction in EGYPT.
- **Bachelor** of clinical pharmacy from Beni-Suef University on 2011(Credit hour accreditation).

Publications

1. **Original Article:** Effect of Amlodipine/Nebivolol combination therapy on central BP and PWV compared to Amlodipine/Valsartan combination therapy.
 2. **Original Article:** Post-streptokinase PCI in STEMI patients exceeding the 24-h guidelines.
 3. **Original Article:** Transradial artery approach in STEMI patients reperfused early and late by either primary PCI or pharmacologic-invasive approach
 4. **Original Article:** Safety and Efficacy of Pharmacologic-invasive Approach Using Streptokinase Compared to Primary Percutaneous Coronary Angiography
- Other papers are currently under review.

Additional Skills

- Familiar with conducting and reporting different study designs
- Familiar with using spss and data analysis.
- Familiar with Literature evaluation and appraisal
- Experienced with Microsoft Office.
- Fluent English Language; TOFEL certified.
- Teaching skills.

Community activity

- Head of **The Charity Pharmacy** –regulated by Beni-Suef University Hospital from July 2017-June2019.