

Sarah Sabry Hashem Nafea

PERSONAL DATA

Full Name : Sarah Sabry Hashem Nafea
Date of Birth : 5th of November 1986.
Nationality : Egyptian.

Location : Nasr city, Cairo, Egypt.



CONTACT INFO

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Google Scholar : <https://scholar.google.com/citations?user=rYuEHKgAAAAJ&hl=en>.
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EDUCATION

- 2016 – 2022 **PhD. in Pharmacy, Specialty: Clinical Pharmacy,** Faculty of Pharmacy, Ain Shams University, Cairo, Egypt.
★ **Title:** “Evaluation of Warfarin Initiation at 3mg versus 5mg for Anticoagulation of Egyptian Patients with Mechanical Mitral Valve Replacement Surgery”.
★ **Supervisors:** Mohammed Ayman Saleh, Lamiaa El Wakeel.
- 2011- 2016 **M.Sc. in Pharmacy, Specialty: Clinical Pharmacy,**
Faculty of Pharmacy, Ain Shams University, Cairo, Egypt.
★ **Title:** “The impact of clinical pharmacist-managed anticoagulation management service on clinical outcome of atrial fibrillation patients”.
★ **Supervisors:** Mohammed Ayman Saleh, Lamiaa El Wakeel.
- 2012 – 2013 **Premaster in Pharmacy, Specialty: Clinical Pharmacy.**
Faculty of Pharmacy, Ain Shams University, Cairo, Egypt (Grade: Excellent).
- 2009 – 2010 **Diploma in Pharmacy, Specialty: Clinical Pharmacy.**
Faculty of Pharmacy, Ain Shams University, Cairo, Egypt (Grade: Excellent).
- 2010 - 2011 **HMIS- Hospital Management Information System Diploma** Joint venture between DMS Company & Ministry of Communication (Grade: Excellent).
- 2003– 2008 **B.Sc. in Pharmacy.**
Faculty of Pharmacy, Ain Shams University, Cairo, Egypt.
Overall Grade: Excellent with honor.
- 1999-2002 **Secondary School.**

- Abbas El Akkad Language School, Nasr City, Cairo, Egypt (Major Science: 98.8%).
- 1996 -1999 **Prep School.**
Abbas El Akkad Language School, Nasr City, Cairo, Egypt.
- 1991-1996 **Primary School.**
Abbas El Akkad Language School, Nasr City, Cairo, Egypt.

PROFESSIONAL EXPERIENCE

• PAID WORK

June 2022 to Present **Lecturer, Pharmacy Practice department, Faculty of (Full time employment) Pharmacy at Egyptian Chinese University.**

Routine responsibilities:

- 1- Design, plan and implement effective and inclusive teaching and supporting learning activities.
- 2- Teach across a range of modules using appropriate teaching, learning support and assessment methods and technologies.
- 3- Seek ways of improving performance by reflecting on teaching design and delivery and obtaining and analyzing feedback.
- 4- Develop ideas for improving the learning environment, teaching and/or assessment and feedback methods.
- 5- Prepare examinations.
- 6- Undertake internal roles of responsibility e.g. contribute to committees and working parties, act as Admissions Tutor.
- 7- Advise and support colleagues with less experience and advise on academic and personal development.
- 8- Participate in internal initiatives/events to the benefit of the University e.g. open days, outreach activities, student placements.
- 9- Act as supervisor for the work of others, for example, research teams or projects or as PhD supervisor.
- 10- Ensure that module design and delivery comply with quality standards and regulations of the University.

27 Sep 2020 to June 2022 **Assistant Lecturer, Pharmacy Practice department, (Full time employment) Faculty of Pharmacy at Egyptian Chinese University.**

Routine responsibilities:

1. Registration of the student courses and academic advising for the students.
2. Teaching the lower-level courses.
3. Preparing the lab-manual for the students.
4. Meeting the course instructor and preparing the course material needed for the classes and labs.
5. Prepare and proctor examinations.

6. Explain the assignments for the students and discussing the tasks needed to fulfill the course.
7. Help the stumbling students during their activity hours in studying.
8. Supervise and Participate in Students activities.
9. Prepare course equivalent documents for transferred students.

June 2011 to Present **Internal & External Clinical Pharmacy Trainer, Educator and
(Part time employment) Researcher in HSSH-Heart & Surgery Specialized Hospital**

Routine responsibilities:

- 1- Establish own area of independent research, ensuring a commitment to the highest standards of ethics and integrity in research.
- 2- Participate in collaborative research projects
- 3- Write papers and submit for publication in related research journals and/or sharing in national/international conferences
- 4- Supervise doctoral research students as required.
- 5- Engage effectively in non-academic impact of research, including substantial knowledge or public engagement activities, involving a range of partnerships with external organizations.
- 6- Providing lectures for Physicians and other health care team colleagues about different clinical pharmacy activities in cardiology and its major impact. (Internal Training)
- 7- Providing lectures for undergraduate pharmacy or medicine students about the practical implementation of clinical pharmacy. (External Training)
- 8- Play a pivotal role in ensuring medication safety by designing macro processes to reduce the medication-related risk of error and financial waste.
- 9- Sharing in Implementation process of a pharmacist-managed Anticoagulation clinic.
- 10- Acting as a resource for the dissemination of drug information by education of nursing, medical colleagues as well as pharmacy trainees and pharmacy students
- 11- Medical orientation and education for cardiac in- or out-patients through scheduled education sessions.
- 12- Sharing in development and review of policy, procedures and guidelines of our hospital.
- 13- Sharing in formulary management.

July 2009 to May 2011 **Clinical Pharmacist in ASUSH- Ain Shams University Specialized
(Full time employment) Hospital Cairo, Egypt.**

(Ministry of Health & Population commission)

Aug. 2008 to July 2009 **HMIS (Hospital Management Information System) Implementer in
(Full time employment) DMS -Data Management Systems Co.
Cairo, Egypt.**

July 2008 to June 2011 **Pharmacist in Community Pharmacies.
(Part time employment)**

ACHIEVEMENTS & PUBLICATIONS

- **PUBLICATIONS:**

1. Sabry, S., El Wakeel, L.M., Saleh, A. et al. Comparison of Warfarin Initiation at 3 mg Versus 5 mg for Anticoagulation of Patients with Mechanical Mitral Valve Replacement Surgery: A Prospective Randomized Trial. *Clin Drug Investig* 42, 309–318 (2022). <https://doi.org/10.1007/s40261-022-01137-7>
2. El Wakeel, L., Sabry, S., & Saleh, M. (2016). Clinical pharmacist-managed anticoagulation service in atrial fibrillation patients: an Egyptian experience.: 10. *Pharmacotherapy: The Journal Of Human Pharmacology And Drug Therapy*, 36(7).
3. Hashem, S. (2015). THE IMPACT OF CLINICAL PHARMACIST MANAGED ANTICOAGULATION MANAGEMENT SERVICE VERSUS ROUTINE MEDICAL CARE ON THE CLINICAL OUTCOME OF ATRIAL FIBRILLATION PATIENTS: AN EGYPTIAN PILOT STUDY.. *Al-Azhar Journal of Pharmaceutical Sciences*, 52(2), 57-81. doi: 10.21608/ajps.2015.12533

- **THESIS:**

1. Sabry.S.,. (2022). Evaluation of Warfarin Initiation at 3mg versus 5mg for Anticoagulation of Egyptian Patients with Mechanical Mitral Valve Replacement Surgery. ASU Theses.
2. Sabry.S.,. (2016). The impact of clinical pharmacist managed anticoagulation management service versus routine medical care on the clinical outcome of atrial fibrillation patients. ASU Theses.

WORKSHOPS AND TRAINING PROGRAMMES

Research and publishing related	November 2022	Project Design at Egyptian Chinese University, Cairo, Egypt (Sponsored by Egyptian Chinese University).
	25 July 2022	Grant Writing , online webinar by STDF Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	20 July 2022	Research Methodology , online webinar by STDF Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	20 July 2022	Writing a Research Paper , online webinar by STDF Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	28 June 2022	Publish your research open access with Springer Nature with fees , online webinar by STDF Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	30 May 2022	Find out what fellow authors are saying about their open access publishing experience , online by STDF Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	26 April 2022	Leveraging sequencing technologies for cardiovascular research and precision medicine , online webinar hosted by Nature Reviews Genetics
	17-18 February 2021	Scientific Research Ethics , Online webinar (Organized by Egyptian Chinese University).
	16 February 2021	Systematic Reviews and Meta-analyses , online webinar in Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	15 February 2021	Effective Post-Submission Strategies , online webinar in Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	14 February 2021	Presubmission Strategies , online webinar in Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	12 February 2021	Journal Editor 2 , online webinar in Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	11 February 2021	Being an Effective Reviewer , online webinar in Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	10 February 2021	Logical Manuscript Structure , online webinar in Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.

	8 February 2021	Effective Academic Writing , online webinar in Nature Research Academies in Collaboration with the Egyptian Knowledge Bank.
	4-5 October 2020	How to write project proposal at Egyptian Chinese University, Cairo, Egypt (Sponsored by Egyptian Chinese University).
	9 July 2020	Scholarly Publishing in indexed Journals (Training & Development Center) Ain Shams University , Cairo, Egypt.
	16 Aug 2020	Scientific Writing (Training & Development Center) Ain Shams University , Cairo, Egypt.
Quality assurance of higher education	8 November 2020	Strategic planning at Egyptian Chinese University, Cairo, Egypt (Sponsored by Egyptian Chinese University).
	27 September - 28 September 2020	Quality assurance system in higher education institutions - Academic advising system at Egyptian Chinese University, Cairo, Egypt (Sponsored by Egyptian Chinese University).
Higher education	1-2 February 2021	Students' evaluation and examination Systems-Online webinar (Organized by Egyptian Chinese University).
	1 October 2020	Learning management system at Egyptian Chinese University, Cairo, Egypt (Sponsored by Egyptian Chinese University).
	29-30 September 2020	Credit hour system - Objectives of interviews at Egyptian Chinese University, Cairo, Egypt (Sponsored by Egyptian Chinese University).
Others	20 April 2021	Digital Marketing Professional, Udacity Nanodegree Program , Scholarship Sponsored by Ministry of Communication & Information Technology of Egypt.
	April 6th-8th 2021	9th Annual Ain Shams University International Conference .
	September 24 th 2020	World's Pharmacist Day, 57357 Attendance and Participation
	April 2018	Antimicrobial Stewardship Program, 5th At Ain Shams University, Cairo, Egypt (Sponsored by Ain Shams University) .

July 2017

**Anticoagulation at Training & Development
Center Ain Shams University, Cairo, Egypt
(Sponsored by Sanofi).**

RESEARCH INTERESTS

My research studies deal with clinical pharmacy specially cardiology. Anticoagulation and the population, in need to, is of my high research interest.

LANGUAGE TESTS

1 Jun 2015 **Test of English as a Foreign Language- TOEFL** at the Center of Foreign Languages and Professional Translation, Ain Shams University, Cairo, Egypt (Score: 620).

LANGUAGE

Arabic : Advanced (Mother tongue).
English : Fluent.

KEY SKILLS

Team Leader, Outstanding Communication Skills, Outstanding Negotiation Skills, Presenter, Organizer and Problem Solver.

LIKES

I like Honesty, Clarity, Hardworking, Accuracy, Healthcare, Clinical Pharmacy, Patient education, Cardiology, Anticoagulation, and Social Media.

HOBBIES

Sports, Zumba.

REFERENCES

Available upon request.