

MAI AMMAR

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EDUCATION

Philosophy of Doctorate Degree in Pharmaceutical Biology, Major: Phytochemistry and Pharmacognosy, German University in Cairo, Egypt	2021-Present
Master of Science Degree in Pharmaceutical Biology, Major: Phytochemistry and Pharmacognosy, German University in Cairo, Egypt	2018-2019
Bachelor's Degree from Faculty of Pharmacy and Biotechnology, German University in Cairo, Egypt	2013-2018
Saint Joseph Language School, Egypt	2002-2013
Portsaid Language School, Egypt	1999-2002

TEACHING EXPERIENCE

Egyptian Chinese University, Egypt Assistant Lecturer, Department of Pharmacognosy	October 2020 to Present
German University in Cairo, Egypt Assistant Lecturer, Pharmacology Department	September 2019 to September 2020
German University in Cairo, Egypt Teaching Assistant, Pharmaceutical Biology Department	September 2018 to August 2019

PUBLICATIONS

Global Virtual Conference on Food and Nutrition (VirtualFood-2021): Comparative antioxidant activity of different wheat stages

Mai K. Ammar, Heba Handoussa, Rasha S. Hanafi, Mohamed El-Shazly & Mohamed Z. Gad (2020) Multivariate approach for optimization of galactomannan extraction from seeds of Egyptian *Trigonella foenum-graecum* with insights on its pharmacological activities, Natural Product Research, DOI: 10.1080/14786419.2020.1837817

PROJECTS

Academy of Scientific Research and Technology Science and Technology Center (STC)
Innovation in Obesity Control via a Foodomic-based Wheat Profiling for Production of a New Supplement

PROFESSIONAL TRAINING

TechnoScient, Agilent Technologies, Authorized Distributor, January 2022

- Training course on: “Agilent GC-8890/MSMS-7010/Headspace-7697, including: hardware and software training on Mass Hunter (Acquisition, qualitative and quantitative analysis)

Nawah Scientific, March 2021

- High Performance Liquid Chromatography (HPLC) (Advanced Level)

Training and Development Center, Egyptian Chinese University, Egypt, July 2021

- Bioequivalence Guidelines and Bioanalytical Methods: Development and Validation

Egyptian Knowledge Bank in collaboration with Nature, February 2020

- Being an effective reviewer
- Effective academic writing
- Pre-submission strategies
- Post-submission strategies
- Logical manuscript structure

Training and Development Center, Egyptian Chinese University, Egypt

- Research Ethics, **February 2021**
- Strategic Planning, **November 2020**
- Learning Management System, **October 2020**
- Quality Assurance System in Higher Education Institutions, **September 2020**
- Academic Advising System, **September 2020**
- Credit Hour System, **September 2020**
- Objectives of Interviews, **September 2020**

Coursera

- Programming for Everybody (Getting Started with Python), **2020**
- Herbal Medicine, **2020**
- Weight Management: Beyond Balancing Calories, **2020**

Vifor Pharma

- Special Programs and Non-Interventional Studies, Pharmacovigilance/Safety Reporting; Vendor/CRO Training, **August 2018**

LANGUAGES

Arabic: Native Language
English: Fluent

French: Very good
German: Level A2

COMPUTER SKILLS

Microsoft Office Word
PowerPoint
Excel

INTERESTS

Sports (Volleyball first-team and Basketball)
Reading
Music

REFERENCES

Available upon request